# Przemyska Dycha

**Miejsce: Przemyśl**
**Data: 15-09-2013**
**Kategoria: OPEN**

| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | 1209 | M20 | Kulka | Szymon | - | ULKS LIPINKI | 00:33:14 | 00:33:15 | 18.05 km/h |
| 2 | | 1055 | M16 | Chabko | Paweł | Kuźmina | UKS TEMPO 5 | 00:34:46 | 00:34:47 | 17.26 km/h |
| 3 | | 1298 | M20 | Perez | Arnold | Stalowa Wola | SKB STALOWA WOLA | 00:34:48 | 00:34:49 | 17.24 km/h |
| 4 | 1 | 1465 | M20 | Zawistowski | Krzysztof | Miasteczko Krajeń | KP PSP CHODZIEŻ | 00:34:53 | 00:34:54 | 17.19 km/h |
| 5 | 2 | 1213 | M20 | Kutryn | Łukasz | Biszcza | - | 00:35:11 | 00:35:12 | 17.05 km/h |
| 6 | 3 | 1004 | M20 | Ams | Tomasz | Przemyśl | FOREVER ALONE | 00:35:46 | 00:35:48 | 16.77 km/h |
| 7 | 1 | 1102 | M30 | Fedak | Grzegorz | Sanok | - | 00:35:49 | 00:35:49 | 16.75 km/h |
| 1 | | 1389 | K20 | Szlęzak | Matylda | Rzeszów | - | 00:35:51 | 00:35:51 | 16.74 km/h |
| 8 | 2 | 1151 | M30 | Janicki | Arkadiusz | Jarosław | KP PSP JAROSŁAW | 00:36:04 | 00:36:06 | 16.63 km/h |
| 2 | | 1423 | K20 | Wacławska | Natalia | Ustrzyki Dolne | WKS WAWEL KRAKÓW | 00:36:10 | 00:36:14 | 16.58 km/h |
| 9 | 4 | 1226 | M20 | Lubomski | Krzysztof | Zagórz | SANOCKA GRUPA MIŁOŚNIK? | 00:36:38 | 00:36:39 | 16.37 km/h |
| 10 | 1 | 1197 | M40 | Kozdrowicki | Robert | Jarosław | PSK PRZEWORSK | 00:36:51 | 00:36:56 | 16.28 km/h |
| 11 | 5 | 1265 | M20 | Niemiec | Arkadiusz | Zagorzyce | - | 00:37:17 | 00:37:19 | 16.09 km/h |
| 12 | 2 | 1148 | M40 | Jałocha | Mieczysław | Przemyśl | - | 00:37:31 | 00:37:32 | 15.99 km/h |
| 3 | | 1363 | K20 | Sławik | Maria | Przemyśl | KS AZS-AWF KRAKÓW | 00:37:40 | 00:37:40 | 15.93 km/h |
| 13 | 3 | 1321 | M40 | Preisner | Robert | Przemyśl | PRZEMYSKI KLUB PODKARPACI | 00:38:03 | 00:38:04 | 15.77 km/h |
| 14 | 4 | 1424 | M40 | Walaszczyk | Wojciech | Jasło | KP PSP JASŁO | 00:38:09 | 00:38:14 | 15.73 km/h |
| 15 | 6 | 1073 | M20 | Ciszczonik | Sebastian | Rzeszów | RKW RZESZÓW | 00:38:15 | 00:38:17 | 15.68 km/h |
| 16 | 3 | 1450 | M30 | Wójcik | Marcin | Olszanica | - | 00:38:23 | 00:38:35 | 15.63 km/h |
| 17 | 5 | 1333 | M40 | Garbacik | Jacek | Stalowa Wola | - | 00:38:24 | 00:38:25 | 15.62 km/h |
| 18 | 7 | 1032 | M20 | Bogusz | Marcin | Rzeszów | MTB.HOFFMAN-BIKE.RZESZÓW | 00:38:44 | 00:38:46 | 15.49 km/h |
| 19 | 6 | 1236 | M40 | Makarowski | Wiesław | Jarosław | - | 00:38:48 | 00:38:56 | 15.46 km/h |
| 20 | 8 | 1419 | M20 | Tyrawski | Łukasz | Zadąbrowie | - | 00:38:51 | 00:38:55 | 15.44 km/h |
| 21 | 1 | 1403 | M16 | Tamborski | Krzysztof | Racławice | KKS VICTORIA STALOWA WOLA | 00:39:13 | 00:39:15 | 15.29 km/h |
| 22 | 4 | 1180 | M30 | Klojzy | Paweł | Lubaczów | KLUB BIEGACZA LUBACZÓW | 00:39:22 | 00:39:25 | 15.24 km/h |
| 23 | 5 | 1392 | M30 | Szpunar | "andrzej □□□" | Albigowa | - | 00:39:26 | 00:39:29 | 15.21 km/h |
| 24 | 6 | 1119 | M30 | Golański | Andrzej | Ustrzyki Dolne | BIESZCZADZKIE WILKI | 00:39:27 | 00:39:30 | 15.2 km/h |
| 25 | 1 | 1008 | M50 | Augustyn | Andrzej | Stalowa Wola | SKB STALOWA WOLA | 00:39:38 | 00:39:39 | 15.14 km/h |
| 4 | 1 | 1429 | K30 | Wasilewska | Joanna | Biłgoraj | - | 00:39:49 | 00:39:50 | 15.07 km/h |
| 26 | 9 | 1007 | M20 | Armaciński | Patrick | Ustrzyki Dolne | - | 00:39:49 | 00:39:55 | 15.07 km/h |
| 27 | 10 | 1014 | M20 | Banaś | Mateusz | Kuźmina | BYŁY ZAWODNIK MKS JUVENI | 00:39:52 | 00:39:54 | 15.05 km/h |
| 28 | 11 | 1025 | M20 | Bereźnicki | Piotr | Rzeszów | - | 00:39:53 | 00:39:57 | 15.04 km/h |
| 29 | 7 | 1026 | M30 | Biel | Krzysztof | Jaśkowice | - | 00:40:00 | 00:40:03 | 15 km/h |
| 30 | 7 | 1186 | M40 | Kohut | Dariusz | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:40:09 | 00:40:14 | 14.94 km/h |
| 31 | 12 | 1268 | M20 | Nitkiewicz | Marcin | Pruszków | PTG SOKOL | 00:40:14 | 00:40:24 | 14.91 km/h |
| 32 | 8 | 1473 | M30 | Zmitrowicz | Bogdan | Nowa Dęba | ZMITEK TEAM | 00:40:16 | 00:40:19 | 14.9 km/h |
| 33 | 9 | 1241 | M30 | Maślanka | Jacek | Jarosław | - | 00:40:24 | 00:40:30 | 14.85 km/h |
| 34 | 10 | 1307 | M30 | Pinda | Józef | Wyszatyce | - | 00:40:28 | 00:40:46 | 14.83 km/h |
| 35 | 11 | 1339 | M30 | Ruciński | Piotr | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:40:29 | 00:40:38 | 14.82 km/h |
| 36 | 13 | 1179 | M20 | Kloc | Maciej | Rzeszów | - | 00:40:30 | 00:40:32 | 14.81 km/h |
| 37 | 14 | 1106 | M20 | Frańczak | Mateusz | Tarnobrzeg | KM PSP TARNOBRZEG | 00:40:43 | 00:40:48 | 14.74 km/h |
| 38 | 8 | 1365 | M40 | Smyk | Robert | Gliwice | STREFA MARATONU | 00:40:44 | 00:40:52 | 14.73 km/h |
| 39 | 15 | 1280 | M20 | Olejarz | Łukasz | Pruchnik | - | 00:40:52 | 00:40:59 | 14.68 km/h |
| 40 | 16 | 1221 | M20 | Lenartowicz | Andrzej | Kielce | KKL KIELCE/ READING UNI A | 00:40:53 | 00:40:54 | 14.67 km/h |

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| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 41 | 2 | 1410 | M16 | Tomaszewski | Maciej | Widna Góra/pawło | NIEZRZESZONY | 00:41:00 | 00:41:03 | 14.63 km/h |
| 42 | 12 | 1173 | M30 | Kieres | Piotr | Mielec | BIEGANIE TO WYZWANIE | 00:41:07 | 00:41:16 | 14.59 km/h |
| 43 | 9 | 1165 | M40 | Karuś | Waldemar | Zadąbrowie | - | 00:41:08 | 00:41:12 | 14.58 km/h |
| 44 | 2 | 1271 | M50 | Nowosielski | Marek | Sanok | - | 00:41:16 | 00:41:16 | 14.54 km/h |
| 45 | 10 | 1422 | M40 | Urbański | Zbigniew | Nowa Dęba | NOWA DĘBA | 00:41:25 | 00:41:27 | 14.49 km/h |
| 46 | 17 | 1402 | M20 | Tamborski | Grzegorz | Nisko | 3 BATALION INŻYNIERYJNY | 00:41:30 | 00:41:47 | 14.46 km/h |
| 47 | 3 | 1260 | M16 | Naspiński | Michał | Chłopice | - | 00:41:32 | 00:41:54 | 14.44 km/h |
| 48 | 13 | 1332 | M30 | Rogala | Tadeusz | Rzeszów | WKTR KRAKÓW | 00:41:32 | 00:41:34 | 14.44 km/h |
| 49 | 14 | 1039 | M30 | Buba | Dariusz | Leżajsk | - | 00:41:38 | 00:41:45 | 14.41 km/h |
| 50 | 18 | 1110 | M20 | Gałaszkiewicz | Karol | Rzeszów | - | 00:41:44 | 00:41:50 | 14.37 km/h |
| 51 | 11 | 1135 | M40 | Hadam | Jacek | Cieszanów | IZBA CELNE W PRZEMYŚLU | 00:41:48 | 00:41:51 | 14.35 km/h |
| 52 | 15 | 1355 | M30 | Sitkowski | Rafał | Stalowa Wola | - | 00:41:52 | 00:42:11 | 14.33 km/h |
| 53 | 16 | 1253 | M30 | Mikołajczyk | Marcin | Korczyna | - | 00:41:54 | 00:41:58 | 14.32 km/h |
| 54 | 19 | 1323 | M20 | Pyzik | Michał | Ołpiny | KP PSP JASŁO | 00:41:54 | 00:42:12 | 14.31 km/h |
| 55 | 17 | 1256 | M30 | Moskal | Zbigniew | Nisko | - | 00:41:57 | 00:42:28 | 14.3 km/h |
| 56 | 20 | 1054 | M20 | Bżdżoła | Artur | Tuczempy | - | 00:41:59 | 00:42:01 | 14.29 km/h |
| 57 | 21 | 1196 | M20 | Kozak | Jakub | Jarosław, Przemy? | - | 00:42:00 | 00:42:08 | 14.28 km/h |
| 58 | 18 | 1344 | M30 | Rzepka | Krzysztof | Przemyśl | - | 00:42:02 | 00:42:15 | 14.27 km/h |
| 59 | 1 | 1341 | M60 | Rutkowski | Zygmunt | Nowa Dęba | ZMITEK TEAM | 00:42:03 | 00:42:05 | 14.27 km/h |
| 60 | 19 | 1262 | M30 | "niedzielski□" | "dariusz □□□" | Dynów | - | 00:42:08 | 00:42:14 | 14.24 km/h |
| 61 | 12 | 1153 | M40 | Janzer | Janusz | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:42:11 | 00:42:12 | 14.22 km/h |
| 62 | 22 | 1288 | M20 | Paradysz | Piotr | Przemyśl | ITMBW KRAKÓW | 00:42:21 | 00:42:25 | 14.16 km/h |
| 63 | 13 | 1455 | M40 | Zając | Tomasz | Rzeszów | - | 00:42:32 | 00:42:34 | 14.11 km/h |
| 64 | 4 | 1188 | M16 | Korlatowicz | Michał | Przemysl, Poland | ESSENTIA VITAE MTB TEAM | 00:42:37 | 00:42:40 | 14.08 km/h |
| 65 | 14 | 1314 | M40 | Podsadowski | Zbigniew | Gorlice | AMBASADOR FESTIWALU BIEGO | 00:42:37 | 00:42:42 | 14.08 km/h |
| 66 | 2 | 1036 | M60 | Borowczyk | Marian | Poznań | K.M.MALTA POZNAŃ | 00:42:41 | 00:42:45 | 14.05 km/h |
| 67 | 5 | 1277 | M16 | Ochyra | Kamil | Przemyśl | - | 00:42:53 | 00:43:03 | 13.99 km/h |
| 68 | 23 | 1409 | M20 | Tomaka | Tomasz | Rzeszów | - | 00:42:57 | 00:43:12 | 13.97 km/h |
| 69 | 20 | 1126 | M30 | Grenda | Grzegorz | Łowce | - | 00:42:59 | 00:43:04 | 13.96 km/h |
| 70 | 21 | 1206 | M30 | Krzywiński | Rafał | Medyka | - | 00:43:15 | 00:43:20 | 13.87 km/h |
| 71 | 22 | 1480 | M30 | Żygała | Paweł | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:43:19 | 00:43:29 | 13.85 km/h |
| 72 | 15 | 1371 | M40 | Stafiej | Ireneusz | Nowa Sarzyna | - | 00:43:27 | 00:43:29 | 13.81 km/h |
| 73 | 23 | 1435 | M30 | Wiącek | Mirosław | Baryczka | WATER TEAEM | 00:43:29 | 00:43:32 | 13.79 km/h |
| 74 | 16 | 1430 | M40 | Wawro | Grzegorz | Kraków | KROSS LAJKONIK | 00:43:35 | 00:43:43 | 13.76 km/h |
| 75 | 24 | 1451 | M30 | Wróblewski | Maciej | Rzeszów | - | 00:43:42 | 00:44:20 | 13.73 km/h |
| 76 | 24 | 1269 | M20 | Nowak | Jakub | Jasionka | - | 00:43:45 | 00:44:02 | 13.71 km/h |
| 77 | 25 | 1220 | M20 | Lechowicz | Wojciech | Łańcut | - | 00:43:50 | 00:44:02 | 13.68 km/h |
| 78 | 26 | 1446 | M20 | Wojdyła | Jakub | Pruchnik | - | 00:43:52 | 00:43:59 | 13.68 km/h |
| 79 | 27 | 1279 | M20 | Olecha | Mariusz | Tarnowiec | KP PSP JASŁO | 00:43:54 | 00:44:12 | 13.66 km/h |
| 80 | 17 | 1454 | M40 | Zajaczkowski | Jerzy | Przemysl, Poland | - | 00:43:58 | 00:44:07 | 13.64 km/h |
| 81 | 25 | 1282 | M30 | Opałka | Paweł | Nowy Żmigród | KP PSP JASŁO | 00:43:59 | 00:44:17 | 13.64 km/h |
| 82 | 18 | 1118 | M40 | Gocko | Krzysztof | Przemyśl | - | 00:44:02 | 00:44:11 | 13.63 km/h |
| 83 | 28 | 1367 | M20 | Sołtys | Dawid | Niebylec | - | 00:44:13 | 00:44:22 | 13.57 km/h |
| 84 | 26 | 1443 | M30 | Wnuk | Łukasz | Gorzyce | KM PSP TARNOBRZEG | 00:44:13 | 00:44:20 | 13.57 km/h |

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| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 85 | 19 | 1452 | M40 | Wyczawski | Piotr | Rzeszów | RZESZOWSKIE GAZELE I GEPA | 00:44:21 | 00:44:29 | 13.53 km/h |
| 86 | 3 | 1420 | M50 | Urbaniak | Marian | Trześń | GOSIR GORZYCE | 00:44:23 | 00:44:25 | 13.52 km/h |
| 5 | 1 | 1428 | K20 | Walus | Katarzyna | Klimkówka | BIEGAM BO LUBIĘ | 00:44:28 | 00:44:35 | 13.49 km/h |
| 87 | 27 | 1053 | M30 | Bystrzycki | Piotr | Kraków | 16 BPD KRAKÓW | 00:44:39 | 00:44:46 | 13.44 km/h |
| 88 | 20 | 1152 | M40 | Janowicz | Jerzy | Szlachtowa, Szczaw | - | 00:44:43 | 00:45:02 | 13.41 km/h |
| 89 | 28 | 1076 | M30 | Ciuba | Paweł | Jarosław | - | 00:44:44 | 00:44:51 | 13.41 km/h |
| 90 | 29 | 1232 | M20 | Machowski | Marcin | Pikulice | - | 00:44:56 | 00:45:07 | 13.35 km/h |
| 91 | 4 | 1374 | M50 | Stawarz | Jerzy | Rzeszów | RZESZÓW | 00:44:56 | 00:45:04 | 13.35 km/h |
| 92 | 29 | 1125 | M30 | Granda | Marcin | Zarzecze | - | 00:44:58 | 00:45:03 | 13.34 km/h |
| 93 | 21 | 1318 | M40 | Popławski | Krzysztof | Przemyśl | - | 00:45:05 | 00:45:09 | 13.31 km/h |
| 94 | 6 | 1239 | M16 | Marczakiewicz | Patryk | Hermanowice | - | 00:45:08 | 00:45:16 | 13.29 km/h |
| 95 | 30 | 1052 | M20 | Byra | Piotr | Lublin | ZATKAŁO KAKAŁO | 00:45:10 | 00:45:15 | 13.28 km/h |
| 96 | 5 | 1329 | M50 | Rochowski | Piotr | Stalowa Wola | SKB STALOWA WOLA | 00:45:20 | 00:45:37 | 13.23 km/h |
| 97 | 30 | 1120 | M30 | Gołąb | "janusz □□□" | "rzeszów□" | - | 00:45:22 | 00:45:27 | 13.22 km/h |
| 98 | 31 | 1331 | M30 | Roczniak | Marcin | Sanok | BIEGAM BO LUBIĘ KRAKÓW/ | 00:45:30 | 00:46:06 | 13.18 km/h |
| 99 | 32 | 1166 | M30 | Karwowski | Maciej | Przemyśl | NIEZRZESZONY | 00:45:33 | 00:45:45 | 13.17 km/h |
| 100 | 33 | 1097 | M30 | Dworzański | Tomasz | Lublin | ZATKAŁO KAKAŁO | 00:45:41 | 00:45:53 | 13.13 km/h |
| 101 | 31 | 1267 | M20 | Nitkiewicz | Paweł | Łańcut | PTG | 00:45:50 | 00:46:01 | 13.09 km/h |
| 102 | 34 | 1210 | M30 | Kułak | Damian | Przemyśl | - | 00:46:01 | 00:46:11 | 13.04 km/h |
| 103 | 6 | 1058 | M50 | Sobino | Eugeniusz | Lipa | SKB STALOWA WOLA | 00:46:01 | 00:46:04 | 13.04 km/h |
| 104 | 32 | 1066 | M20 | Ciąpała | Piotr | Łańcut | - | 00:46:07 | 00:46:17 | 13.01 km/h |
| 105 | 22 | 1050 | M40 | Bykowski | Andrzej | Przemyśl | - | 00:46:10 | 00:46:36 | 12.99 km/h |
| 106 | 35 | 1427 | M30 | Walicki | Sebastian | Sokołów Młp. | - | 00:46:12 | 00:46:28 | 12.99 km/h |
| 107 | 23 | 1164 | M40 | Kapłon | Krzysztof | Rabka-Zdrój | TOWARZYSTWO GIMNASTYCZNE | 00:46:12 | 00:46:28 | 12.99 km/h |
| 108 | 33 | 1080 | M20 | Czaja | Piotr | Warszawa | - | 00:46:13 | 00:46:25 | 12.98 km/h |
| 109 | 7 | 1416 | M50 | Turosz | Zbigniew | Leżajsk | NIEZRZESZONY | 00:46:15 | 00:46:20 | 12.97 km/h |
| 110 | 36 | 1394 | M30 | Szyk | Artur | Jarosław | - | 00:46:16 | 00:46:23 | 12.97 km/h |
| 111 | 34 | 1104 | M20 | Fok | Damian | Przemyśl | - | 00:46:20 | 00:46:28 | 12.95 km/h |
| 112 | 37 | 1222 | M30 | Leśko | Sebastian | Rzeszow | - | 00:46:26 | 00:46:35 | 12.92 km/h |
| 113 | 24 | 1391 | M40 | Szpila | Maciej | Rzeszów | RZESZOWSKIE GAZELE I GEPA | 00:46:30 | 00:46:39 | 12.9 km/h |
| 114 | 25 | 1370 | M40 | Spirała | Janusz | Łańcut | - | 00:46:37 | 00:46:47 | 12.87 km/h |
| 115 | 35 | 1214 | M20 | Kuzara | Łukasz | Manasterz | - | 00:46:44 | 00:46:58 | 12.84 km/h |
| 116 | 26 | 1322 | M40 | Pyrkosz | Damian | Rzeszów | BIEGAMBOLUBIĘ RZESZÓW | 00:46:55 | 00:47:04 | 12.79 km/h |
| 6 | 2 | 1259 | K20 | Musialik | Magdalena | Rzeszów | - | 00:46:56 | 00:47:09 | 12.78 km/h |
| 7 | 2 | 1116 | K30 | Gielżyńska -Wy | Monika | Przemyśl | - | 00:46:57 | 00:47:02 | 12.78 km/h |
| 117 | 38 | 1375 | M30 | Stec | Marek | Jarosław | - | 00:46:57 | 00:47:04 | 12.78 km/h |
| 118 | 39 | 1046 | M30 | Bułdak | Krzysztof | Sanok | - | 00:47:00 | 00:47:18 | 12.76 km/h |
| 119 | 36 | 1156 | M20 | Jurczak | Patryk | Sanok | SANOK | 00:47:00 | 00:47:05 | 12.76 km/h |
| 120 | 27 | 1304 | M40 | Pikor | Jacek | Zamość | - | 00:47:01 | 00:47:18 | 12.76 km/h |
| 121 | 8 | 1084 | M50 | Cząstka | Jan | Ujkowice | - | 00:47:02 | 00:47:39 | 12.76 km/h |
| 122 | 40 | 1246 | M30 | Michalak | Dawid | Solina | - | 00:47:03 | 00:47:08 | 12.75 km/h |
| 123 | 37 | 1178 | M20 | Kliś | "tomasz□" | Rzeszów | - | 00:47:09 | 00:47:25 | 12.72 km/h |
| 124 | 38 | 1108 | M20 | Fryń | Marcin | Łańcut | - | 00:47:10 | 00:47:21 | 12.72 km/h |
| 125 | 41 | 1079 | M30 | Czaja | Wacław | Przemyśl | - | 00:47:11 | 00:47:16 | 12.71 km/h |

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| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 126 | 3 | 1198 | M60 | Kozioł | Wiesław | Krosno | - | 00:47:12 | 00:47:16 | 12.71 km/h |
| 127 | 42 | 1040 | M30 | Buczek | Marcin | Krówniki | - | 00:47:20 | 00:47:31 | 12.68 km/h |
| 8 | 3 | 1295 | K20 | Pawłowska | Diana | Fredropol | - | 00:47:21 | 00:47:42 | 12.67 km/h |
| 128 | 43 | 1345 | M30 | Sabat | Piotr | Jarosław | IPA | 00:47:24 | 00:47:43 | 12.66 km/h |
| 129 | 39 | 1234 | M20 | Magda | Arkadiusz | Krzemienica | - | 00:47:25 | 00:47:29 | 12.65 km/h |
| 130 | 44 | 1167 | M30 | Kawiak | Marek | Przemyśl | BRAK | 00:47:31 | 00:47:59 | 12.62 km/h |
| 131 | 40 | 1456 | M20 | Zając | Mariusz | Pruchnik | - | 00:47:33 | 00:47:42 | 12.61 km/h |
| 132 | 41 | 1088 | M20 | Czwakiel | Krzysztof | Wólka Pełkińska | OSP | 00:47:36 | 00:47:57 | 12.6 km/h |
| 133 | 45 | 1100 | M30 | Dziurzyński | Krzysztof | Przemyśl | PTC PRZEMYŚL | 00:47:41 | 00:47:54 | 12.58 km/h |
| 134 | 9 | 1425 | M50 | Walczyk | Andrzej | Jasło | KP PSP JASŁO | 00:47:41 | 00:47:48 | 12.58 km/h |
| 135 | 46 | 1444 | M30 | Wohner | Paweł | Przemyśl | - | 00:47:42 | 00:48:02 | 12.58 km/h |
| 136 | 47 | 1136 | M30 | Hamryszczak | Marek | Przemyśl | - | 00:47:51 | 00:48:22 | 12.54 km/h |
| 9 | 4 | 1202 | K20 | Krenzel | Regina | Jarosław | - | 00:47:54 | 00:48:01 | 12.52 km/h |
| 137 | 48 | 1351 | M30 | Sikora | Grzegorz | Przemyśl | - | 00:47:54 | 00:47:58 | 12.52 km/h |
| 138 | 42 | 1415 | M20 | Turczyński | Damian | Przemyśl | BASKET GO | 00:47:56 | 00:48:16 | 12.51 km/h |
| 139 | 28 | 1228 | M40 | Łach | Wiesław | Jeżowe | KLUB MATIEGO JEŻOWE | 00:47:59 | 00:48:19 | 12.5 km/h |
| 140 | 29 | 1208 | M40 | Kuligowski | Maciej | Przemyśl | - | 00:47:59 | 00:48:15 | 12.5 km/h |
| 141 | 30 | 1185 | M40 | Kogut | Leszek | Przemyśl | - | 00:48:16 | 00:48:36 | 12.43 km/h |
| 142 | 49 | 1034 | M30 | Bomba | Robert | Będzin | DARE2RUN | 00:48:17 | 00:48:25 | 12.42 km/h |
| 10 | 1 | 1124 | K60 | Grabska | Renata | Rzeszów | - | 00:48:19 | 00:48:23 | 12.42 km/h |
| 11 | 1 | 1160 | K16 | Kamińska | Katarzyna | Osiek | NIEZRZESZONY | 00:48:23 | 00:48:47 | 12.4 km/h |
| 143 | 43 | 1477 | M20 | Grabowski | Dawid | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:48:24 | 00:48:51 | 12.39 km/h |
| 144 | 44 | 1143 | M20 | Iskra | Kamil | Nisko | - | 00:48:28 | 00:48:47 | 12.38 km/h |
| 145 | 50 | 1335 | M30 | Rojewski | Marcin | Przemyśl | - | 00:48:34 | 00:48:50 | 12.35 km/h |
| 146 | 51 | 1072 | M30 | Ciężar | Maciej | Łańcut | - | 00:48:35 | 00:49:14 | 12.35 km/h |
| 147 | 52 | 1349 | M30 | Serwiński | Janusz | Rzeszów | - | 00:48:39 | 00:49:18 | 12.33 km/h |
| 148 | 31 | 1274 | M40 | Nykiel | Tomasz | Przemyśl | - | 00:48:45 | 00:48:49 | 12.31 km/h |
| 149 | 45 | 1243 | M20 | Materna | Krystian | Ustrzyki Dolne | - | 00:48:47 | 00:49:04 | 12.3 km/h |
| 150 | 53 | 1382 | M30 | Surowiec | "krzysztof□□□□Jasionka | | - | 00:48:48 | 00:49:05 | 12.29 km/h |
| 12 | 5 | 1301 | K20 | Piecuch | Karolina | Przeworsk | - | 00:48:54 | 00:49:01 | 12.27 km/h |
| 151 | 46 | 1086 | M20 | Czerwiak | Marek | Stalowa Wola | - | 00:48:57 | 00:49:30 | 12.26 km/h |
| 152 | 47 | 1285 | M20 | Ostrowski | Maciej | Jarosław | - | 00:48:58 | 00:49:14 | 12.25 km/h |
| 153 | 48 | 1174 | M20 | Kikiela | Paweł | Przemyśl | - | 00:49:00 | 00:49:28 | 12.24 km/h |
| 154 | 54 | 1161 | M30 | Kamiński | Krzysztof | Osiek | NIEZRZESZONY | 00:49:00 | 00:49:23 | 12.24 km/h |
| 155 | 49 | 1469 | M20 | Zieliński | Marcin | Przemyśl | - | 00:49:01 | 00:49:13 | 12.24 km/h |
| 156 | 50 | 1122 | M20 | Górski | Grzegorz | Gorlice | - | 00:49:02 | 00:49:08 | 12.24 km/h |
| 157 | 10 | 1361 | M50 | Skórka | Ireneusz | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:49:02 | 00:49:21 | 12.24 km/h |
| 158 | 32 | 1426 | M40 | Walczyński | Jacek | - | PKO BP | 00:49:02 | 00:49:11 | 12.23 km/h |
| 159 | 55 | 1411 | M30 | Słaboń | Emil | Górki Wielkie | | 00:49:10 | 00:49:17 | 12.2 km/h |
| 13 | 3 | 1154 | K30 | Jasic | Iwona | Oleszyce | - | 00:49:10 | 00:49:18 | 12.2 km/h |
| 160 | 33 | 1438 | M40 | Banaś | Dariusz | Mielec | - | 00:49:11 | 00:49:24 | 12.2 km/h |
| 161 | 51 | 1195 | M20 | Kowalski | Jakub | Jarosław, Przemy? | - | 00:49:11 | 00:49:34 | 12.2 km/h |
| 162 | 34 | 1324 | M40 | Radoń | Mariusz | Przemyśl | - | 00:49:12 | 00:49:44 | 12.19 km/h |
| 14 | 1 | 1131 | K40 | Gulanowska | Agata | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:49:13 | 00:49:23 | 12.19 km/h |

# Przemyska Dycha
**Miejsce: Przemyśl**
**Data: 15-09-2013**
**Kategoria: OPEN**

| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 163 | 56 | 1377 | M30 | Stopa | Marcin | Boguchwała | - | 00:49:14 | 00:49:20 | 12.19 km/h |
| 164 | 52 | 1033 | M20 | Bolesławski | Bartosz | Rakszawa | WŁÓKNIARZ RAKSZAWA | 00:49:20 | 00:49:37 | 12.16 km/h |
| 165 | 57 | 1462 | M30 | Zarzyczny | Arkadiusz | Rzeszów | NIEZRZESZONY | 00:49:24 | 00:49:34 | 12.14 km/h |
| 166 | 53 | 1366 | M20 | Socha | Marcin | Dynów | - | 00:49:25 | 00:49:53 | 12.14 km/h |
| 167 | 54 | 1386 | M20 | Szepieniec | Michał | Klimkówka | - | 00:49:26 | 00:49:38 | 12.13 km/h |
| 168 | 58 | 1309 | M30 | Piszcz | Dariusz | Rzeszów | - | 00:49:27 | 00:49:37 | 12.13 km/h |
| 169 | 59 | 1330 | M30 | Roczniak | Bogdan | Rzeszów | RTIP | 00:49:29 | 00:50:03 | 12.12 km/h |
| 170 | 60 | 1287 | M30 | Pansewicz | Dariusz | Przemyśl | NIEZRZESZONY | 00:49:32 | 00:50:06 | 12.11 km/h |
| 15 | 4 | 1229 | K30 | Łach | Teresa | Jeżowe | KLUB MATIEGO JEŻOWE | 00:49:32 | 00:49:51 | 12.11 km/h |
| 171 | 61 | 1384 | M30 | Szablan | Adam | Przemyśl | WOLNY STRZELEC | 00:49:32 | 00:49:53 | 12.11 km/h |
| 172 | 4 | 1037 | M60 | Brzozowski | Henryk | Stalowa Wola | SKB STALOWA WOLA | 00:49:32 | 00:49:50 | 12.11 km/h |
| 173 | 35 | 1263 | M40 | Niedźwiedź | Dariusz | Przemyśl | - | 00:49:34 | 00:49:36 | 12.1 km/h |
| 174 | 36 | 1043 | M40 | Buczek | Sławomir | Stalowa Wola | - | 00:49:35 | 00:50:03 | 12.1 km/h |
| 175 | 55 | 1082 | M20 | Czajkowski | Robert | Maćkowice | - | 00:49:36 | 00:49:41 | 12.09 km/h |
| 16 | 5 | 1002 | K30 | Adamowicz | Maria | Lublin | NOSG | 00:49:37 | 00:50:01 | 12.09 km/h |
| 176 | 37 | 1001 | M40 | Maculewicz | Marcin | Kielce | JP II | 00:49:38 | 00:49:58 | 12.09 km/h |
| 177 | 62 | 1150 | M30 | Jama | Rafał | - | SŁUŻBA WIĘZIENNA | 00:49:42 | 00:50:18 | 12.07 km/h |
| 178 | 63 | 1155 | M30 | Jodłowski | Przemek | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:49:45 | 00:49:50 | 12.06 km/h |
| 179 | 38 | 1407 | M40 | Tkaczyk | Przemysław | Lublin | - | 00:49:49 | 00:49:54 | 12.04 km/h |
| 180 | 56 | 1390 | M20 | Szpara | Krzysztof | Sędziszów Młp. | - | 00:49:50 | 00:50:15 | 12.04 km/h |
| 181 | 64 | 1343 | M30 | Rykowski | Marcin | Przemyśl | - | 00:49:51 | 00:49:55 | 12.03 km/h |
| 182 | 65 | 1083 | M30 | Czarny | Mariusz | Przeworsk | - | 00:49:51 | 00:50:16 | 12.03 km/h |
| 183 | 66 | 1009 | M30 | Bachórz | Tomasz | Brzyska | KP PSP JASŁO | 00:49:55 | 00:50:13 | 12.02 km/h |
| 17 | 2 | 1291 | K16 | Pawlak | Anna | Przemyśl | - | 00:49:57 | 00:50:17 | 12.01 km/h |
| 184 | 57 | 1158 | M20 | Kaczor | "tomasz□□□□" | "przewrotne□" | - | 00:49:57 | 00:50:14 | 12.01 km/h |
| 185 | 58 | 1474 | M20 | Zych | Kacper | Przemyśl | - | 00:49:57 | 00:50:09 | 12.01 km/h |
| 186 | 5 | 1238 | M60 | Marchut | Kazimierz | Nowa Sarzyna | - | 00:49:59 | 00:50:05 | 12 km/h |
| 187 | 39 | 1216 | M40 | Kwiatkowski | Tomasz | Przemyśl | - | 00:50:02 | 00:50:09 | 11.99 km/h |
| 188 | 40 | 1189 | M40 | Korzeniowski | Władysław | Przemyśl | BRAK | 00:50:04 | 00:50:07 | 11.98 km/h |
| 189 | 41 | 1273 | M40 | Nykel | Dariusz | Przemyśl | NIEZRZESZONY | 00:50:07 | 00:50:28 | 11.97 km/h |
| 190 | 42 | 1476 | M40 | Żeglecki | Rafał | Przemyśl | STOWARZYSZENIE SPORTOWE K | 00:50:12 | 00:50:33 | 11.95 km/h |
| 191 | 67 | 1289 | M30 | Paśko | Rafał | Przemyśl | PRZEMYSKIE TOWARZYSTWO CY | 00:50:16 | 00:50:31 | 11.93 km/h |
| 192 | 68 | 1081 | M30 | Czajkowski | Witold | Przemyśl | IPA | 00:50:20 | 00:50:40 | 11.92 km/h |
| 193 | 69 | 1170 | M30 | Kęsicki | Marcin | - | - | 00:50:26 | 00:50:36 | 11.9 km/h |
| 194 | 70 | 1085 | M30 | Czernicki | Krzysztof | - | - | 00:50:27 | 00:50:37 | 11.89 km/h |
| 195 | 71 | 1011 | M30 | Badlik | Marcin | Żurawica | - | 00:50:31 | 00:50:41 | 11.87 km/h |
| 196 | 59 | 1242 | M20 | Matejko | Tomasz | Przemyśl | - | 00:50:32 | 00:50:47 | 11.87 km/h |
| 197 | 72 | 1067 | M30 | Ciećko | Artur | Przemyśl | ZATKAŁO KAKAŁO | 00:50:34 | 00:50:46 | 11.86 km/h |
| 198 | 43 | 1244 | M40 | Mazur | Krzysztof | Przemyśl | - | 00:50:38 | 00:50:52 | 11.85 km/h |
| 199 | 73 | 1016 | M30 | Bańcarz | Andrzej | Przemyśl | - | 00:50:39 | 00:50:54 | 11.84 km/h |
| 200 | 74 | 1396 | M30 | Śpiewak | Krzysztof | Warszawa | - | 00:50:44 | 00:50:58 | 11.83 km/h |
| 201 | 75 | 1251 | M30 | Mierzwiński | Marcin | Żurawica | - | 00:50:45 | 00:51:16 | 11.82 km/h |
| 202 | 76 | 1464 | M30 | Zawadzki | Tomasz | Przemyśl | - | 00:50:46 | 00:50:59 | 11.81 km/h |
| 18 | 6 | 1184 | K30 | Koczera | Elżbieta | Sanok | - | 00:50:48 | 00:50:55 | 11.81 km/h |

# Przemyska Dycha
**Miejsce: Przemyśl**
**Data: 15-09-2013**
**Kategoria: OPEN**

| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 19 | 2 | 1346 | K40 | Saja | Małgorzata | Stalowa Wola | SKB STALOWA WOLA | 00:50:50 | 00:51:28 | 11.8 km/h |
| 20 | 6 | 1315 | K20 | Pokój | Barbara | Sarzyna | - | 00:50:50 | 00:51:20 | 11.8 km/h |
| 203 | 77 | 1360 | M30 | Skóra | Sebastian | - | - | 00:51:03 | 00:51:39 | 11.75 km/h |
| 204 | 78 | 1400 | M30 | Święciowski | Piotr | Przemyśl | - | 00:51:10 | 00:51:17 | 11.73 km/h |
| 205 | 44 | 1187 | M40 | Kopeć | Krzysztof | Rzeszów | BIEGAM BO LUBIĘ | 00:51:16 | 00:51:18 | 11.7 km/h |
| 206 | 79 | 1130 | M30 | Grządziel | Maciej | Przemyśl | - | 00:51:16 | 00:51:19 | 11.7 km/h |
| 207 | 80 | 1356 | M30 | Skafiriak | Arkadiusz | Przemyśl | - | 00:51:19 | 00:51:58 | 11.69 km/h |
| 208 | 45 | 1381 | M40 | Surmacz | Sławomir | Przemyśl | - | 00:51:20 | 00:51:38 | 11.69 km/h |
| 209 | 81 | 1128 | M30 | Gromysz | Jacek | Lublin, Poland | - | 00:51:28 | 00:51:40 | 11.65 km/h |
| 210 | 7 | 1191 | M16 | Kot | Marcin | Łetownia | - | 00:51:31 | 00:52:04 | 11.65 km/h |
| 211 | 82 | 1047 | M30 | Bury | Jan | Rzeszów | - | 00:51:34 | 00:52:03 | 11.63 km/h |
| 212 | 6 | 1132 | M60 | Gutkowski | Zbigniew | Stalowa Wola | SKB STALOWA WOLA | 00:51:40 | 00:51:56 | 11.61 km/h |
| 213 | 8 | 1312 | M16 | Pobuta | Przemysław | Łowce | - | 00:51:42 | 00:52:04 | 11.6 km/h |
| 21 | 7 | 1111 | K30 | Gałda | Małgorzata | Rzeszów | RZESZOWSKIE GAZELE I GEPA | 00:51:44 | 00:51:47 | 11.59 km/h |
| 214 | 60 | 1388 | M20 | Szkoda | Robert | Biłgoraj | - | 00:51:49 | 00:52:07 | 11.58 km/h |
| 215 | 7 | 1347 | M60 | Samotach | Tadeusz | Przemyśl | - | 00:51:52 | 00:51:53 | 11.57 km/h |
| 216 | 61 | 1303 | M20 | Pik | Paweł | Roźwienica | - | 00:51:55 | 00:52:08 | 11.56 km/h |
| 217 | 62 | 1023 | M20 | Bedryj | Grzegorz | Buszkowice | - | 00:51:57 | 00:52:18 | 11.55 km/h |
| 218 | 11 | 1129 | M50 | Groński | Wiesław | Rzeszów | - | 00:51:59 | 00:52:18 | 11.54 km/h |
| 219 | 12 | 1257 | M50 | Motyka | Mariusz | Radymno | - | 00:51:59 | 00:52:18 | 11.54 km/h |
| 22 | 7 | 1163 | K20 | Kapelan | Anna | Przemyśl | - | 00:52:00 | 00:52:10 | 11.54 km/h |
| 220 | 63 | 1393 | M20 | Szuban | Radosław | Przemyśl | - | 00:52:03 | 00:52:42 | 11.53 km/h |
| 221 | 46 | 1249 | M40 | Michalski | Grzegorz | Przemyśl | - | 00:52:13 | 00:52:33 | 11.49 km/h |
| 23 | 8 | 1311 | K20 | Płonka | Honorata | Fredropol | - | 00:52:13 | 00:52:16 | 11.49 km/h |
| 222 | 83 | 1230 | M30 | Łesejko | Remigiusz | Przemyśl | PKO BP | 00:52:16 | 00:52:41 | 11.48 km/h |
| 223 | 64 | 1313 | M20 | Podolak | Tomasz | Przemyśl | - | 00:52:19 | 00:52:31 | 11.47 km/h |
| 224 | 9 | 1051 | M16 | Bykowski | Adrian | Przemyśl | - | 00:52:21 | 00:52:48 | 11.46 km/h |
| 24 | 3 | 1395 | K40 | Szymańska | Ewa | Jarosław, Przemy? | - | 00:52:28 | 00:52:47 | 11.43 km/h |
| 225 | 47 | 1278 | M40 | Olech | Marek | Przemyśl | - | 00:52:31 | 00:52:53 | 11.42 km/h |
| 226 | 84 | 1352 | M30 | Sikora | Wojciech | Rzeszów | FREESTYLE SLALOM | 00:52:31 | 00:52:53 | 11.42 km/h |
| 227 | 48 | 1296 | M40 | Pawłucki | Przemysław | Przemyśl | - | 00:52:33 | 00:52:58 | 11.42 km/h |
| 228 | 85 | 1439 | M30 | Wiglusz | Tomasz | Przemyśl | - | 00:52:33 | 00:52:53 | 11.42 km/h |
| 229 | 49 | 1338 | M40 | Rózga | Tomasz | Wapowce | PTC PRZEMYŚL | 00:52:35 | 00:52:55 | 11.41 km/h |
| 25 | 9 | 1042 | K20 | Buczek | Ania | Rzeszów | - | 00:52:43 | 00:53:10 | 11.38 km/h |
| 230 | 86 | 1065 | M30 | Chwasta | Mariusz | Niziny | - | 00:52:46 | 00:53:07 | 11.37 km/h |
| 231 | 87 | 1414 | M30 | Trojnar | Tomek | Przemyśl | - | 00:52:49 | 00:52:56 | 11.36 km/h |
| 26 | 8 | 1481 | K30 | Batycka | Dorota | Przemyśl | | 00:52:53 | 00:53:00 | 11.35 km/h |
| 232 | 65 | 1029 | M20 | Blajer | Kamil | Tuligłowy | - | 00:53:01 | 00:53:27 | 11.32 km/h |
| 233 | 88 | 1342 | M30 | Rutyna | Rafał | Szebnie | KP PSP JASŁO | 00:53:03 | 00:53:18 | 11.31 km/h |
| 27 | 10 | 1021 | K20 | Bartoszewicz | Dorota | Przemyśl | LION LOGISTIC | 00:53:03 | 00:53:06 | 11.31 km/h |
| 234 | 66 | 1223 | M20 | Lewandowski | Miłosz | Lesko | ANTENNA RUNNERS | 00:53:04 | 00:53:20 | 11.3 km/h |
| 235 | 50 | 1024 | M40 | Bembenek | Jan | Przemyśl | PTC PRZEMYŚL | 00:53:11 | 00:53:13 | 11.28 km/h |
| 28 | 4 | 1461 | K40 | Zaręba | Jolanta | Rzeszów | PRZEMYSKIE GAZELE I GEPAR | 00:53:18 | 00:53:38 | 11.26 km/h |
| 236 | 67 | 1468 | M20 | Zieliński | Łukasz | Przemyśl | - | 00:53:18 | 00:53:29 | 11.26 km/h |

# Przemyska Dycha
**Miejsce: Przemyśl**
**Data: 15-09-2013**
**Kategoria: OPEN**

| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 237 | 51 | 1358 | M40 | Skotnicki | Dariusz | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:53:19 | 00:53:34 | 11.25 km/h |
| 238 | 10 | 1364 | M16 | Słoma | Michał | Radymno | - | 00:53:22 | 00:53:26 | 11.24 km/h |
| 239 | 52 | 1233 | M40 | Madejczyk | Sławomir | Brzyska | KP PSP JASŁO | 00:53:24 | 00:53:40 | 11.23 km/h |
| 29 | 9 | 1245 | K30 | Michalak | Justyna | Solina | - | 00:53:25 | 00:53:30 | 11.23 km/h |
| 240 | 53 | 1134 | M40 | Habigier | Zdzisław | Pysznica | - | 00:53:26 | 00:53:54 | 11.23 km/h |
| 241 | 89 | 1145 | M30 | Iwaszko | Piotr | Boguchwała | - | 00:53:26 | 00:53:45 | 11.23 km/h |
| 242 | 90 | 1437 | M30 | Wiglusz | Krzysztof | Gac | - | 00:53:40 | 00:54:07 | 11.18 km/h |
| 243 | 54 | 1205 | M40 | Kruszyński | Marek | Przemyśl | - | 00:53:54 | 00:54:01 | 11.13 km/h |
| 30 | 10 | 1334 | K30 | Rojecka | Alicja | Radom | - | 00:53:54 | 00:54:08 | 11.13 km/h |
| 244 | 91 | 1336 | M30 | Rosik | Piotr | Sulejówek | - | 00:53:58 | 00:54:32 | 11.12 km/h |
| 245 | 92 | 1441 | M30 | Winiarz | Witold | Przemyśl | TWIERDZA PRZEMYŚL | 00:54:01 | 00:54:05 | 11.11 km/h |
| 31 | 11 | 1399 | K20 | Świdzińska | Barbara | Przemyśl | NIEZRZESZONY | 00:54:02 | 00:54:36 | 11.1 km/h |
| 32 | 12 | 1123 | K20 | Grabas | Katarzyna | Przemyśl | - | 00:54:09 | 00:54:29 | 11.08 km/h |
| 33 | 11 | 1247 | K30 | Michalska | Anna | Przemyśl | - | 00:54:09 | 00:54:37 | 11.08 km/h |
| 246 | 93 | 1328 | M30 | Repich | Daniel | Przemyśl | - | 00:54:32 | 00:55:08 | 11 km/h |
| 247 | 68 | 1421 | M20 | Urbaniak | Jarosław | Trześń | GOSIR GORZYCE | 00:54:37 | 00:54:42 | 10.98 km/h |
| 248 | 94 | 1204 | M30 | Kruk | Grzegorz | Przemyśl | - | 00:54:38 | 00:54:49 | 10.98 km/h |
| 34 | 3 | 1091 | K16 | Drapała | Magdalena | Przemyśl | - | 00:54:47 | 00:55:20 | 10.95 km/h |
| 35 | 13 | 1090 | K20 | Domagalska | Barbara | Przemyśl | - | 00:54:49 | 00:54:55 | 10.94 km/h |
| 249 | 55 | 1030 | M40 | Blama | Marek | Przemyśl | - | 00:54:53 | 00:55:09 | 10.93 km/h |
| 36 | 4 | 1215 | K16 | Kuźniar | Justyna | Przemysl, Poland | - | 00:54:58 | 00:55:12 | 10.91 km/h |
| 250 | 95 | 1038 | M30 | Brzyski | Krzysztof | Korzenica | - | 00:55:16 | 00:55:30 | 10.85 km/h |
| 37 | 12 | 1127 | K30 | Gromysz | Magdalena | Lublin, Poland | - | 00:55:29 | 00:55:40 | 10.81 km/h |
| 251 | 96 | 1114 | M30 | Gefert | Paweł | Łętownia | - | 00:55:30 | 00:55:44 | 10.81 km/h |
| 252 | 69 | 1445 | M20 | Wojciechowski | Wojciech | Grochowce | - | 00:55:31 | 00:56:02 | 10.8 km/h |
| 38 | 5 | 1192 | K16 | Kowal | Magdalena | Jarosław | - | 00:55:43 | 00:56:06 | 10.77 km/h |
| 253 | 70 | 1261 | M20 | Niedziela | Michał | Dębica | - | 00:55:54 | 00:56:16 | 10.73 km/h |
| 254 | 11 | 1457 | M16 | Zając | Grzegorz | Pruchnik | - | 00:56:03 | 00:56:10 | 10.7 km/h |
| 255 | 56 | 1231 | M40 | Łoś | Piotr | Wyszatyce | - | 00:56:06 | 00:56:38 | 10.69 km/h |
| 256 | 71 | 1308 | M20 | Pisulak | Bartłomiej | Hurko | ANTENNA RUNNERS | 00:56:17 | 00:56:33 | 10.66 km/h |
| 257 | 13 | 1327 | M50 | Repak | Wojciech | Przemyśl | NIEZRZESZONY | 00:56:24 | 00:56:43 | 10.64 km/h |
| 258 | 97 | 1103 | M30 | Feduś | Wiesław | Przemyśl | - | 00:56:27 | 00:56:56 | 10.63 km/h |
| 259 | 98 | 1049 | M30 | Buszta | Arkadiusz | Łętownia | - | 00:56:32 | 00:56:47 | 10.61 km/h |
| 260 | 99 | 1201 | M30 | Krawczykowski | Kamil | Przemyśl | - | 00:56:40 | 00:57:15 | 10.59 km/h |
| 261 | 57 | 1176 | M40 | Kipp | Zbigniew | Przemyśl | - | 00:56:40 | 00:57:00 | 10.59 km/h |
| 262 | 100 | 1412 | M30 | Trawka | Robert | Łańcut | - | 00:56:49 | 00:57:09 | 10.56 km/h |
| 263 | 72 | 1139 | M20 | Hołowid | Rafał | Przemyśl | - | 00:56:52 | 00:57:38 | 10.55 km/h |
| 39 | 14 | 1432 | K20 | Wawrzkowicz | Sylwia | Przemyśl | - | 00:56:57 | 00:57:37 | 10.53 km/h |
| 264 | 58 | 1199 | M40 | Kozłowski | Piotr | Przemyśl | - | 00:56:58 | 00:57:04 | 10.53 km/h |
| 265 | 101 | 1041 | M30 | Buczek | Sławomir | Przemyśl | - | 00:57:06 | 00:57:33 | 10.51 km/h |
| 266 | 102 | 1302 | M30 | Pieniądz | Artur | Bolestraszyce | - | 00:57:09 | 00:57:36 | 10.5 km/h |
| 267 | 103 | 1292 | M30 | Pawlak | Radosław | Przemyśl | - | 00:57:14 | 00:57:42 | 10.48 km/h |
| 268 | 104 | 1115 | M30 | Gefert | Krzysztof | Łętownia | - | 00:57:17 | 00:57:33 | 10.47 km/h |
| 269 | 73 | 1144 | M20 | Iskra | Paweł | Nisko | - | 00:57:19 | 00:57:48 | 10.47 km/h |

# Przemyska Dycha
**Miejsce: Przemyśl**
**Data: 15-09-2013**
**Kategoria: OPEN**

| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 40 | 15 | 1337 | K20 | Rowińska | Dorota | Łętownia | KOLEGIUM NAUCZYCIELSKIE I | 00:57:19 | 00:57:52 | 10.47 km/h |
| 270 | 14 | 1449 | M50 | Woźniczak | Janusz | Przemyśl | - | 00:57:19 | 00:57:39 | 10.47 km/h |
| 41 | 13 | 1092 | K30 | Dryniak | Anna | Przemysl | PRZEMYSKI KLUB BIEGACZA | 00:57:20 | 00:57:49 | 10.47 km/h |
| 42 | 14 | 1105 | K30 | Frankowska-Czwak | Małgorzata | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:57:21 | 00:57:49 | 10.46 km/h |
| 43 | 16 | 1013 | K20 | Balawejder-Czaja | Katarzyna | Warszawa | - | 00:57:22 | 00:57:35 | 10.46 km/h |
| 271 | 74 | 1467 | M20 | Ziąber | Paweł | Przemyśl | - | 00:57:38 | 00:58:10 | 10.41 km/h |
| 272 | 59 | 1362 | M40 | Skupniewicz | Damian | Rzeszow | NIEZRZESZONY | 00:57:47 | 00:58:06 | 10.38 km/h |
| 273 | 12 | 1063 | M16 | Chudzik | Piotr | Rzeszów | - | 00:57:49 | 00:57:58 | 10.37 km/h |
| 44 | 15 | 1478 | K30 | Żuk | Iwona | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:57:50 | 00:58:20 | 10.37 km/h |
| 274 | 105 | 1306 | M30 | Pilip | Robert | Przemysl, Poland | - | 00:57:58 | 00:58:26 | 10.35 km/h |
| 45 | 5 | 1015 | K40 | Banaś | Małgorzata | Rzeszów | RZESZOWSKIE GAZELE I GEPA | 00:58:00 | 00:58:21 | 10.34 km/h |
| 275 | 106 | 1020 | M30 | Bartmiński | Paweł | Garbów | - | 00:58:02 | 00:58:37 | 10.34 km/h |
| 276 | 15 | 1459 | M50 | Zakrzewski | Jacek | Przemyśl | NIEZRZESZONY | 00:58:07 | 00:58:26 | 10.32 km/h |
| 46 | 17 | 1320 | K20 | Potoczna | Anna | Jarosław | KU AZS UMED ŁÓDŹ | 00:58:20 | 00:58:42 | 10.28 km/h |
| 47 | 16 | 1068 | K30 | Ciećko | Magdalena | Przemyśl | ZATKAŁO KAKAŁO | 00:58:22 | 00:58:34 | 10.28 km/h |
| 48 | 18 | 1275 | K20 | Ochenduszkiewicz | Joanna | Stubno | AZS POLITECHNIKA RZESZOWS | 00:58:28 | 00:58:58 | 10.26 km/h |
| 277 | 8 | 1107 | M60 | Frąckowiak | Mieczysław | Ustrzyki Dolne | - | 00:58:32 | 00:58:49 | 10.25 km/h |
| 49 | 19 | 1147 | K20 | Jakubów | Magdalena | - | PKO BP | 00:58:33 | 00:58:43 | 10.25 km/h |
| 50 | 17 | 1075 | K30 | Ciszkiewicz | Barbara | Przemyśl | - | 00:58:39 | 00:59:07 | 10.23 km/h |
| 278 | 107 | 1074 | M30 | Ciszkiewicz | Bogusław | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 00:58:40 | 00:59:08 | 10.23 km/h |
| 51 | 18 | 1203 | K30 | Król | Grażyna | Przemyśl | - | 00:58:40 | 00:58:50 | 10.22 km/h |
| 279 | 60 | 1359 | M40 | Skowronek | Ryszard | Przemyśl | - | 00:58:45 | 00:58:54 | 10.21 km/h |
| 52 | 19 | 1453 | K30 | Zagórska | Anna | Zagórz | - | 00:58:50 | 00:59:14 | 10.2 km/h |
| 53 | 6 | 1378 | K40 | Strawińska | Beata | Przemyśl | - | 00:58:51 | 00:59:01 | 10.2 km/h |
| 280 | 9 | 1101 | M60 | Fac | Zbigniew | Żurawica | NIEZRZESZONY | 00:58:54 | 00:59:27 | 10.18 km/h |
| 54 | 20 | 1294 | K30 | Pawłowska | Elżbieta | Przemyśl | - | 00:59:02 | 00:59:18 | 10.16 km/h |
| 281 | 75 | 1404 | M20 | Tatarzyn | Arkadiusz | Bełwin | - | 00:59:13 | 00:59:27 | 10.13 km/h |
| 55 | 21 | 1005 | K30 | Andura | Jolanta | Sandomierz | - | 00:59:20 | 00:59:37 | 10.11 km/h |
| 282 | 108 | 1369 | M30 | Specylak | Krzysztof | Przemyśl | - | 00:59:20 | 00:59:41 | 10.11 km/h |
| 56 | 20 | 1193 | K20 | Kowal | Katarzyna | Jarosław | - | 00:59:27 | 00:59:50 | 10.09 km/h |
| 57 | 1 | 1300 | K50 | Piecuch | Małgorzata | Przeworsk | - | 00:59:32 | 00:59:39 | 10.08 km/h |
| 58 | 21 | 1175 | K20 | Kiper | Justyna | Jarosław, Przemy? | - | 00:59:52 | 01:00:05 | 10.02 km/h |
| 59 | 22 | 1248 | K20 | Michalska | Agnieszka | Przemyśl | - | 01:00:16 | 01:00:50 | 9.96 km/h |
| 283 | 16 | 1470 | M50 | Zieliński | Robert | Przemyśl | - | 01:00:24 | 01:00:37 | 9.93 km/h |
| 60 | 7 | 1146 | K40 | Jabłczyk-Pempus | Dorota | Przemyśl | - | 01:00:26 | 01:00:35 | 9.93 km/h |
| 284 | 76 | 1442 | M20 | Włodek | Jarosław | Dębica | - | 01:00:33 | 01:01:05 | 9.91 km/h |
| 285 | 109 | 1466 | M30 | Zgórski | Piotr | Wola Baranowska | BIEGANIE TO WYZWANIE | 01:00:36 | 01:00:59 | 9.9 km/h |
| 286 | 110 | 1060 | M30 | Chmurowicz | Bartosz | Rzeszów | - | 01:00:41 | 01:01:08 | 9.89 km/h |
| 287 | 13 | 1061 | M16 | Chmurowicz | Karol | Rzeszów | - | 01:00:43 | 01:01:09 | 9.88 km/h |
| 288 | 61 | 1475 | M40 | Zych | Andrzej | Przemyśl | - | 01:00:50 | 01:01:02 | 9.86 km/h |
| 289 | 111 | 1418 | M30 | Tyliński | Mariusz | Przemyśl | - | 01:00:51 | 01:01:17 | 9.86 km/h |
| 61 | 6 | 1408 | K16 | Tobijasz | Monika | Rzeszów | - | 01:00:56 | 01:01:02 | 9.85 km/h |
| 290 | 112 | 1297 | M30 | Perczyk | Grzegorz | Małkowice | - | 01:01:20 | 01:01:25 | 9.78 km/h |
| 62 | 23 | 1472 | K20 | Ziobro | Aldona | Strzyżów | - | 01:02:03 | 01:02:31 | 9.67 km/h |

# Przemyska Dycha
**Miejsce: Przemyśl**
**Data: 15-09-2013**
**Kategoria: OPEN**

| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 291 | 62 | 1405 | M40 | Tkacz | Przemysław | Kraków | NIEZRZESZONY | 01:02:14 | 01:02:46 | 9.64 km/h |
| 292 | 63 | 1012 | M40 | Leńczuk | Andrzej | Jasło | | 01:02:14 | 01:02:52 | 9.64 km/h |
| 293 | 113 | 1434 | M30 | Weselak | Paweł | Przeworsk | - | 01:02:30 | 01:02:37 | 9.6 km/h |
| 63 | 22 | 1397 | K30 | Śpiewak | Magdalena | Warszawa | - | 01:02:36 | 01:02:50 | 9.58 km/h |
| 64 | 24 | 1380 | K20 | Sura | Anna | Grochowce | - | 01:02:40 | 01:03:12 | 9.57 km/h |
| 294 | 64 | 1379 | M40 | Strylewicz | Tomasz | Przemyśl | - | 01:02:43 | 01:02:58 | 9.57 km/h |
| 65 | 25 | 1057 | K20 | Chachura | Natalia | Przemyśl | - | 01:02:56 | 01:03:19 | 9.53 km/h |
| 66 | 26 | 1045 | K20 | Bugielska | Renata | Przemyśl | - | 01:03:02 | 01:03:43 | 9.52 km/h |
| 295 | 114 | 1479 | M30 | Żurawski | Grzegorz | Przemyśl | - | 01:03:25 | 01:03:57 | 9.46 km/h |
| 296 | 115 | 1401 | M30 | Tabor | Piotr | Przemyśl | - | 01:03:30 | 01:04:01 | 9.45 km/h |
| 297 | 65 | 1095 | M40 | Dul | Jarosław | Wólka Pełkińska | - | 01:03:32 | 01:04:02 | 9.44 km/h |
| 67 | 23 | 1383 | K30 | Sykała | Marta | Łańcut | - | 01:03:41 | 01:04:12 | 9.42 km/h |
| 298 | 77 | 1172 | M20 | Kiełt | Jacek | Łańcut | - | 01:03:56 | 01:04:11 | 9.38 km/h |
| 68 | 27 | 1353 | K20 | Sikora | Jadwiga | Łętownia | - | 01:04:14 | 01:04:29 | 9.34 km/h |
| 299 | 78 | 1169 | M20 | Kędzierski | Grzegorz | Przemyśl | - | 01:04:14 | 01:04:29 | 9.34 km/h |
| 300 | 116 | 1458 | M30 | Zajączkowski | Bartosz | Przemyśl | - | 01:04:21 | 01:04:55 | 9.32 km/h |
| 69 | 2 | 1252 | K60 | Mik | Krystyna | Przemyśl | - | 01:04:32 | 01:05:00 | 9.3 km/h |
| 70 | 8 | 1264 | K40 | Niedźwiedź-Dul | Anetta | Wólka Pełkińska | - | 01:04:39 | 01:05:09 | 9.28 km/h |
| 301 | 79 | 1181 | M20 | Kmiotek | Michał | Przemyśl | - | 01:04:40 | 01:04:58 | 9.28 km/h |
| 302 | 10 | 1217 | M60 | Kwiecień | Jan | Bochnia | - | 01:04:45 | 01:04:49 | 9.26 km/h |
| 303 | 117 | 1159 | M30 | Kal | Rafał | Sandomierz | BIEGANIE TO WYZWANIE | 01:04:49 | 01:05:11 | 9.26 km/h |
| 71 | 9 | 1325 | K40 | Radoń | Joanna | Przemyśl | - | 01:05:43 | 01:06:12 | 9.13 km/h |
| 304 | 80 | 1283 | M20 | Opar | Krystian | Baligród | - | 01:05:56 | 01:06:22 | 9.1 km/h |
| 305 | 81 | 1348 | M20 | Sas | Gracjan | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 01:05:58 | 01:06:24 | 9.09 km/h |
| 72 | 28 | 1376 | K20 | Stołowska | Jolanta | Przemysl, Poland | - | 01:05:59 | 01:06:32 | 9.09 km/h |
| 306 | 82 | 1350 | M20 | Sienkiewicz | Michał | Przemyśl | KU AZS KOLEGIUM NAUCZYCIE | 01:05:59 | 01:06:32 | 9.09 km/h |
| 73 | 2 | 1227 | K50 | Lubyj | Barbara | - | PKO BP | 01:06:07 | 01:06:16 | 9.07 km/h |
| 307 | 17 | 1059 | M50 | Chmurowicz | Waldemar | Rzeszów | - | 01:07:00 | 01:07:27 | 8.96 km/h |
| 308 | 118 | 1200 | M30 | Krasowski | Marek | Przemyśl | - | 01:07:02 | 01:07:29 | 8.95 km/h |
| 74 | 24 | 1281 | K30 | Ołeszko | Marzena | Przemyśl | - | 01:07:21 | 01:07:58 | 8.91 km/h |
| 75 | 10 | 1254 | K40 | Milanik | Agnieszka | - | PKO BP | 01:07:23 | 01:07:46 | 8.9 km/h |
| 309 | 66 | 1010 | M40 | Bać | Wiesław | Racławówka | - | 01:08:39 | 01:08:53 | 8.74 km/h |
| 310 | 83 | 1048 | M20 | Buszta | Paweł | Łętownia | - | 01:09:09 | 01:09:23 | 8.68 km/h |
| 76 | 29 | 1276 | K20 | Ochenduszkiewicz | Jolanta | Stubno | - | 01:09:36 | 01:10:06 | 8.62 km/h |
| 77 | 30 | 1255 | K20 | Mirowska | Małgorzata | Fredropol | - | 01:09:40 | 01:10:12 | 8.61 km/h |
| 78 | 31 | 1326 | K20 | Radoń | Milena | Kraków | - | 01:09:57 | 01:10:26 | 8.58 km/h |
| 311 | 84 | 1177 | M20 | Kitela | Michał | Przemyśl | - | 01:10:04 | 01:10:24 | 8.56 km/h |
| 312 | 18 | 1219 | M50 | Latoszek | Wiesław | Jasło | KP PSP JASŁO | 01:10:04 | 01:10:20 | 8.56 km/h |
| 79 | 11 | 1117 | K40 | Głuszek | Edyta | - | PKO BP | 01:10:47 | 01:11:10 | 8.48 km/h |
| 313 | 14 | 1019 | M16 | Bargiel | Jakub | Rzeszów | - | 01:13:54 | 01:14:03 | 8.12 km/h |
| 80 | 3 | 1098 | K50 | Dziedzic | Zofia | - | PKO BP | 01:14:14 | 01:14:37 | 8.08 km/h |
| 81 | 25 | 1190 | K30 | Koszła | Marta | - | PKO BP | 01:14:19 | 01:14:44 | 8.07 km/h |
| 82 | 26 | 1121 | K30 | Góral | Anna | - | PKO BP | 01:16:18 | 01:16:44 | 7.86 km/h |
| 83 | 27 | 1448 | K30 | Wojtowicz | Magdalena | - | PKO BP | 01:17:46 | 01:18:09 | 7.72 km/h |

# Przemyska Dycha
**Miejsce: Przemyśl**
**Data: 15-09-2013**
**Kategoria: OPEN**

| M | Mkat | Nr | Kat | Nazwisko | Imię | Miejscowość | Team | Wynik netto | Wynik brutto | Średnia |
|---|---|---|---|---|---|---|---|---|---|---|
| 314 | 19 | 1286 | M50 | Paniw | Witold | - | PKO BP | 01:17:46 | 01:18:12 | 7.71 km/h |
| 84 | 4 | 1031 | K50 | Bobek | Jadwiga | Przemyśl | - | 01:17:59 | 01:18:24 | 7.69 km/h |
| 85 | 12 | 1319 | K40 | Popowicz | Beata | - | PKO BP | 01:18:02 | 01:18:26 | 7.69 km/h |
| 315 | 119 | 1093 | M30 | Dryniak | Daniel | Przemyśl | PRZEMYSKI KLUB BIEGACZA | 01:18:22 | 01:18:45 | 7.65 km/h |
| 316 | 85 | 1460 | M20 | Zakrzewski | Mateusz | Przemyśl | KLUB BIDNY, LECZ SOLIDNY | 01:18:37 | 01:18:51 | 7.63 km/h |
| 86 | 32 | 1089 | K20 | Danielak | Katarzyna | Przemyśl | - | 01:18:40 | 01:19:04 | 7.63 km/h |
| 317 | 67 | 1290 | M40 | Pawełek | Marek | - | PKO BP | 01:19:30 | 01:19:55 | 7.55 km/h |
| 87 | 5 | 1094 | K50 | Dudek | Marta | - | PKO BP | 01:20:05 | 01:20:30 | 7.49 km/h |
| 88 | 28 | 1235 | K30 | Majcher | Bernadetta | - | PKO BP | 01:20:33 | 01:20:56 | 7.45 km/h |
| 89 | 13 | 1141 | K40 | Hordowska | Małgorzata | - | PKO BP | 01:20:41 | 01:21:05 | 7.44 km/h |
| 90 | 14 | 1357 | K40 | Skoczylas | Halina | - | PKO BP | 01:20:45 | 01:21:10 | 7.43 km/h |
| 91 | 33 | 1140 | K20 | Hordowska | Magdalena | Przemyśl | - | 01:20:51 | 01:21:05 | 7.42 km/h |
| 318 | 120 | 1272 | M30 | Nowosielski | Piotr | Wólka Pełkińska | - | 01:21:04 | 01:21:35 | 7.4 km/h |
| 92 | 15 | 1270 | K40 | Nowosielska | Elżbieta | Wólka Pełkińska | - | 01:21:05 | 01:21:36 | 7.4 km/h |
| 93 | 29 | 1087 | K30 | Czuczkiewicz | Marzena | Przemyśl | - | 01:21:17 | 01:21:42 | 7.38 km/h |
| 319 | 15 | 1142 | M16 | Hordowski | Damian | Przemyśl | - | 01:21:23 | 01:21:46 | 7.37 km/h |
| 94 | 30 | 1240 | K30 | Markowicz | Ewa | - | PKO BP | 01:21:34 | 01:21:58 | 7.36 km/h |
| 320 | 121 | 1316 | M30 | Polak | Janusz | - | PKO BP | 01:22:45 | 01:23:11 | 7.25 km/h |
| 95 | 6 | 1078 | K50 | Cyrnek | Jolanta | - | PKO BP | 01:22:46 | 01:23:11 | 7.25 km/h |
| 96 | 16 | 1368 | K40 | Sołuk-Cielińsk | Anna | - | PKO BP | 01:22:47 | 01:23:11 | 7.25 km/h |
| 97 | 17 | 1218 | K40 | Laska | Joanna | - | PKO BP | 01:22:59 | 01:23:23 | 7.23 km/h |
| 98 | 7 | 1006 | K16 | Andura | Katarzyna | Sandomierz | - | 01:23:30 | 01:23:47 | 7.18 km/h |
| 99 | 7 | 1064 | K50 | Chudzik | Halina | Rzeszów | - | 01:24:13 | 01:24:44 | 7.12 km/h |
| 100 | 18 | 1018 | K40 | Bargiel | Anna | Rzeszów | - | 01:24:14 | 01:24:44 | 7.12 km/h |
| 321 | 68 | 1017 | M40 | Bargiel | Piotr | - | - | 01:24:26 | 01:24:46 | 7.11 km/h |
| 101 | 19 | 1112 | K40 | Garczyńska | Beata | - | PKO BP | 01:35:30 | 01:35:54 | 6.28 km/h |
| 102 | 31 | 1406 | K30 | Tkaczyk | Jolanta | Lublin, Poland | - | 01:35:47 | 01:35:52 | 6.26 km/h |